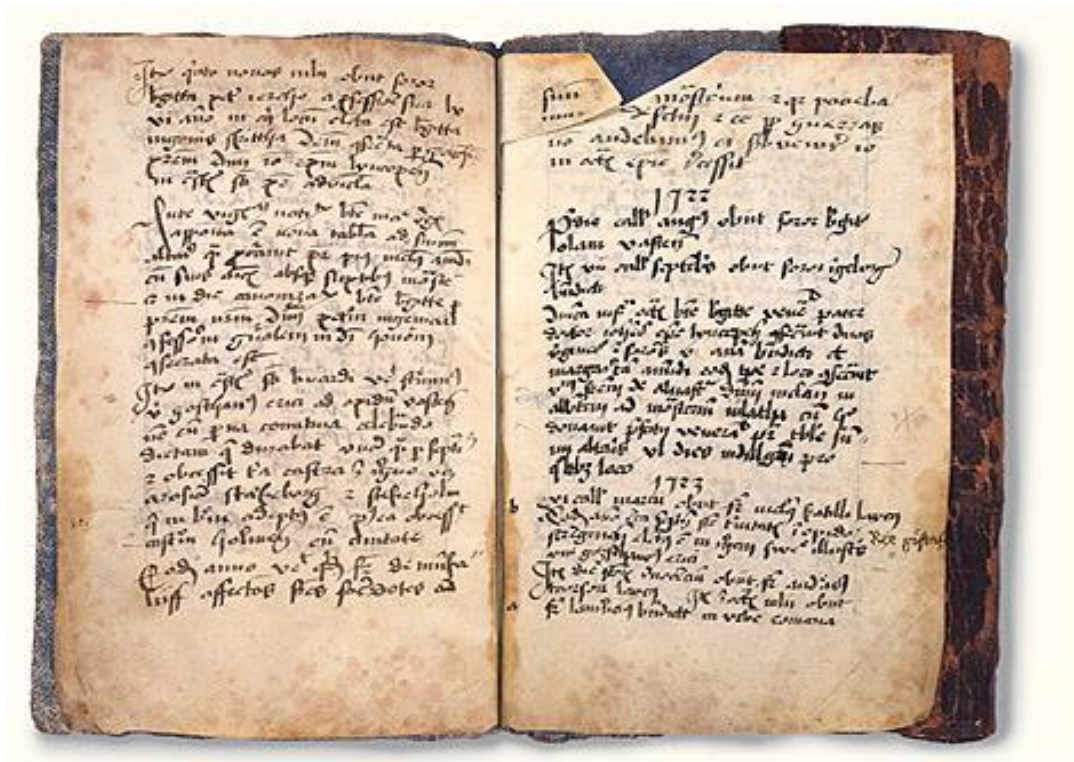




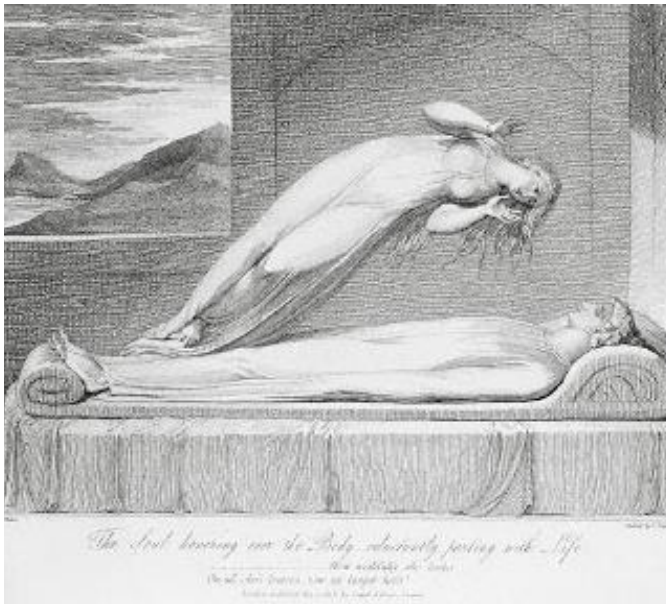
Summer School 2012

# *The Soul's Diary*



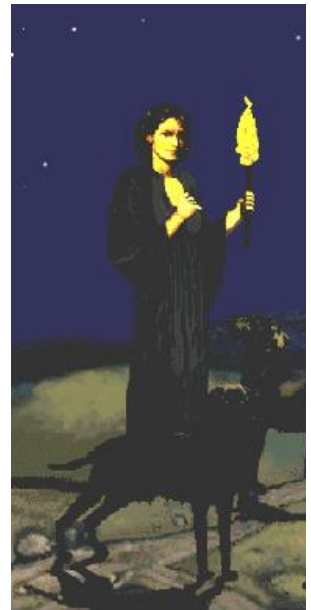
*& the progressions of the Moon, Sun and their lunation cycle*

Brian Clark



*Soul conjures up countless impressions. Yet soul is not something that is easily defined and unfortunately, in contemporary dialect, soul has become annexed to religion.*

*Yet many philosophies, religious institutions, new age movements and publications, even the music industry, all claim this entrancing word to arouse our imagination and to capture the intangible.*



## *Creating a Beliefs Inventory on the Soul*

We will begin our seminar by exploring the various ways we think about soul and what we mean when we use the word astrologically or descriptively. How can we be more confident about using this concept?

Therefore with your help I would like to create a beliefs inventory on Soul using your ideas, reflections and understanding. To begin this exercise you will need to take a quiet moment to begin your contemplation on this question. When reflecting on Soul over the next few weeks, weigh up the following and write your reflections and insights in a journal

- What are some ways in which you participate with the soul
- What has been helpful to you in cultivating soul
- Where are you most likely to experience soul? And when?
- What friends, partners, teachers, mentors, writers, poets, musicians, artists, philosophers have helped you formulate your ideas on the soul
- What are some words, images, feelings, impressions, symbols that illustrate soul
- How do you visualise soul
- How do you understand the soul in association with the horoscope

When you are ready, write down some key phrases and/or keywords that best illustrate soul for you. Please save what you have written and bring a copy of this to the workshop. I will ask you to hand in a copy of what you have written and I will read out some of these impressions over the course of the weekend. I will also ask you to email these to me after the workshop, as I will collate them and mail everyone a copy.

## *Specifically the progressed Moon and Sun*

While there are many ways to consider the 'journey of the Soul' from the perspective of the horoscope, we will look at just the progressed Sun and Moon in this context. I have attached some worksheets and some ways of thinking about this. There are ways to generate these on **Solar Fire** and you can save these prompts on your software. If you are using other software or calculating these manually you can see what data we are trying to collate.

# *The Progressed Moon*

## *Feeling Remembering Musing*



The evolving need for nourishment, comfort and security is indicated by the Progressed Moon's maturity through the horoscope. It is our muse and mnemonic. To begin the exploration of this developmental cycle we will explore the generic and personal cycles. To generate your own progressed Moon cycles on **Solar Fire**, follow the steps below.

### **1. The Generic Cycle: calculating the progressed Moon returns and oppositions**

#### Calculating your Progressed Moon's Returns and Oppositions

1. Open your chart
2. On the top menu choose Dynamic. Click on Transits & Progressions and make sure your chart is highlighted under Dynamic Radix Chart
3. Under Period of Report choose the Start Date as your birth date and the period as 83 years (to generate the oppositions and returns for three cycles)
4. Under Location choose Natal
5. Under Event Selection choose only Progs to Radix
6. Under Point Selection click on Progs. Another window called Progressing Points will come up. Choose the Moon file – choose edit to make sure you only are using the Moon and then choose save and select. Then click on Radix and again choose the Moon file
7. Under aspect Selection click on Progs. Another window called Progressing Points will appear. Choose the Harm02 file (this should only include the conjunction and opposition)
8. Then click on Saved Selections and Saved Dynamic Selections appears. Type in Progressed Moon Opposition and Return and click OK and this will be saved for other reports
9. Finally, click view and the Dynamic Events Report will generate your progressed Moon's oppositions and returns

#### In Your Diary

- Reflect on the period near your progressed Moon's opposition and returns and note your impressions, feelings and memories of this time
- The first cycle of life contains infancy, childhood, adolescence and young adulthood. **Trace the imprints of the progressed Moon through its first few years**, especially its conjunctions to other planets. Consider the major aspects that the progressed Moon makes in the first few years and compare these times to the same aspects in the subsequent cycles
- When reflecting on the current position of your progressed Moon link this back to the period **27 years ago**
- What planets will be activated by the Moon as it progresses through the current house of your horoscope

## 2. The Personal Cycle: track the progressed Moon through the houses of the horoscope and note its change of sign.

### Calculating your Progressed Moon's Ingress into the Signs and Houses

1. Open your chart
2. On the top menu choose Dynamic. Click on Transits & Progressions and make sure your chart is highlighted under Dynamic Radix Chart
3. Under Period of Report choose the Start Date as your birth date and the period as 83 years (three cycles)
4. Under Location choose Natal
5. Under Event Selection choose three boxes: Progs to Radix, House Ingress and Sign Ingress
6. Under Point Selection click on Progs. Another window called Progressing Points will come up. Choose the Moon file – choose edit to make sure you only are using the Moon and then choose save and select. Then click on Radix and choose None. Choose edit to make sure no planets or points are chosen and then choose save and select
7. Under Aspect Selection click on Progs. Another window called Progressing Points will appear. Choose the None file – this file should have no aspects
8. Then click on Saved Selections and Saved Dynamic Selections appears. Type in Progressed Moon through the Houses and Signs and click OK and this will then be saved for other reports
9. Finally, click view and the Dynamic Events Report will generate your progressed Moon's journey through the Houses and Signs of your horoscope. Note when the Moon changes sign within the house it is progressing through

### In Your Diary

When charting and timing your progressed Moon's movement through the horoscope, write notes in your diary about your impressions, memories, images and feelings during the corresponding period/s of your life. Use the following ideas on the houses to consider the progressed moon's reflections, recollections, reactions, sensations, revelations and symptoms at this time:

- The area of life which is emotionally sensitive and where I may feel vulnerable
- An area of life preoccupying my thoughts and feelings where I feel more emotionally engaged
- What activities and/or areas I need to pursue to feel more comfortable in myself
- An area of my life where I am assimilating soul feelings and psychological images
- The part of my self where I am becoming conscious of my attitudes, instincts, feelings, motives and responses to others and life in general
- An area of my life demanding more of my focus and attention and where I need to nurture my self
- In this area of my life I am recognising my habitual behaviours and how I am able to change these outdated emotional patterns



# Aspects of the Progressed Sun

## *journeying to selfhood*

By nature the Sun is the giver of light. Symbolically the progressed Sun focuses the light of consciousness on the planet it aspects by progression. Shadow sides of this planet may also be exposed to a more fully conscious perspective. Since soul seeks authenticity, the progressed Sun illuminates the repressed and hidden aspects buried around this aspected planet's experience. Soul revels in what is not known and seeks to convert what is literal and defined into what is symbolic and meaningful. Therefore Ego develops strength in acknowledging Shadow as it becomes more tolerant, authentic and soulful. The progressed Sun deepens our encounter with the Self, translating the events that happen to us into experiences and so ensouling the world about us with meaning and insight. The Sun is also the dispeller of shadow and hence the progressed Sun might be seen as an illuminator of shadow material.

Mercury and Venus are within a defined orb of the Sun and their aspects are unique; therefore, we will look at these separately. However reflect on your images of the Sun-Mercury and Sun-Venus combinations. Reflect on what the Progressed Sun in aspect to your other natal planets could identify. Below I have listed a few suggestions and some questions to ponder:



I have progressed to the stage where I am more aware of my deeper feelings and soul urges and am more prepared to discover the revelations from my past which need to be identified.

- How can I become more conscious of nurturing myself in ways that are more supportive of my true nature
- How might I challenge the familial traditions about caring for others that are not authentic to my being
- Can I be more attuned to where I belong and feel safe in the deepest part of my being? How can I be more comfortable with my darker feelings



At this phase of my life I need to become more identified with the goals and direction of my life that support my passions and my aspirations. It is time to become more aware of my will, my deepest sense of self and what it desires.

- How might I be more conscious of my physical vitality and energy, my ability to assert myself to aim for what I want
- Can I channel my frustrations and anger into service of the self? How can I accept my anger, be more tolerant of my frustrations and more patient with my short-comings, realising these are all states of the soul
- How can I open the next chapter of my independence



I am beginning to become more familiar with what I believe and am challenging long-held assumptions and convictions. My sense of faith and the process of my life are becoming clearer. I am at the right time to begin to harness my abilities and find purpose in my life.

- How can I remind myself that I have faith in the future and am optimistic about life
- What is the best way to pursue my beliefs and my urge to quest for answers
- How can I seek to become more aligned with the spirit of life



I am more conscious of a sense of autonomy and a need for structure in my life in order to support my life goals and ambitions. I can support this process by establishing firmer objectives and boundaries

- Where can I become more self reliant and develop more comfort with my sense of aloneness? How can I support the soul's urge to be alone and private
- How can I be more aware of what I need to do that is innately authentic, not because it is socially acceptable or the norm
- How might I develop more focus and self discipline



I can identify the urge to break free of restrictive patterns. I am also aware of what aspects of my self I need to separate from in order to be true to myself. The awareness to take new risks needs to be supported in my life.

- How can I claim more space for myself, feel more independent and free to do my own thing
- How can I be less attached to the outcome and more spontaneous in my choices? How might I encourage myself to take the road less travelled and explore the soul's urge for freedom
- How can I support myself to take chances and risks and seek out opportunities



I am more responsive to my inner life and its creative possibilities. I am aware that life is uncertain, filled with dreams and possibilities, but also fantasies and false hopes. I am sensitive to other realities and ways of being.

- How can I become discerning about my spiritual needs and more soulful in my feeling life
- How can I be more informed about the co-dependent and addictive sides of my personality
- What rituals will help me be more attentive to my inner world, more in touch with my intuition more aware of my dreams, more creative with my imagination and more perceptive with my feelings

I am more conscious of the interplay of life and death and more accepting that death is a part of life, not something to fear or overcome. I recognise that negative feelings are part of the full spectrum and am more accommodating of them and those who express them. I am more relaxed with the shadow side of life and more understanding of my depths.

- How might I become more aware of my hidden motives and agendas so that I can be more honest with myself and others
- How can I acknowledge the losses that have not been grieved and the feelings that remain unresolved so that I can cooperate with seeking closure and letting them go
- What darker feelings does the soul need to express in order to bring a more conscious perspective to my relationships and life



I am more perceptive about spiritual dimensions of life and the angst of being human. Being more attentive to this split I am more accepting of my feelings of displacement and marginality. I am sensitive to the aspects of myself that feel unacceptable and abandoned and am more willing to embrace and accept these parts of myself.

- How can I participate with the soul's urge to heal the facets of my self that feel insignificant and unworthy
- How can I be more responsive to my symptoms and more aligned with my healing journey
- How can I be more mindful of accepting the parts of self that feel marginal and outside the system

# The Planetary Ladder

I am using the idiom *the planetary ladder* to characterise the list of your planets from the lowest degree to the highest, each degree being a rung on the ladder. This is an interesting exercise in itself, as planets near the same degree will share a 12<sup>th</sup> harmonic aspect (an aspect which is a multiple of 30°). In displaying the sequence of the planets we see at a glance which planets are being affected by transits and the order of the transit.

We will be using this idea to help map the progressed Sun's movement through our horoscope; since the Sun travels at approximately 1 degree a year by secondary progression it will move about one rung on the ladder each year. Therefore we can plot the age when the progressed Sun will make an aspect to the planets in our chart. Then 30 years later it will make another aspect which will be 30° later in the zodiac. On the next page are instructions how to complete the progressed Sun aspects for your lifetime on Solar Fire. After that is the planetary ladder worksheet. Complete your own planetary ladder including the nodes, angles and any other points or celestial bodies you use. Then simply by moving down the ladder you can approximate the movement of the progressed Sun for your lifetime. Working with the planetary ladder will show all the 12<sup>th</sup> harmonic aspects as follows:

The 12<sup>th</sup> Harmonic includes the aspects of the conjunction, semi-sextile, the sextile, square, trine, quincunx and the opposition

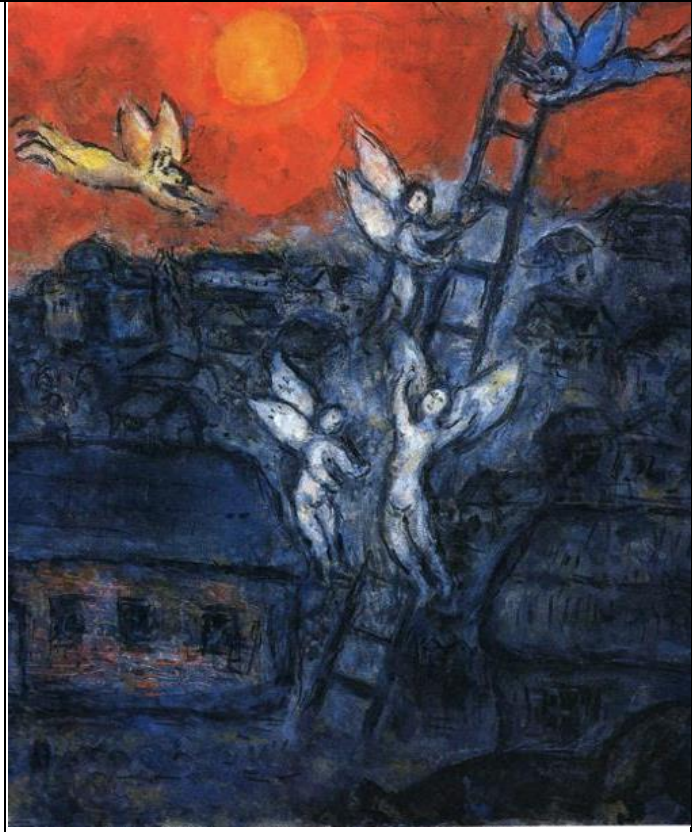
0°	☾	12 <sup>th</sup> harmonic aspects include all aspects that are multiples of 30° or 360° divided by 12. The conjunction is part of every harmonic. The aspect you may not be as familiar with is the semi-sextile but this plays its role on the progressed Sun aspects.
30°	♊	
60°	♋	When using the progressed Sun, the 8 <sup>th</sup> Harmonic aspects are also worth noting. These are multiples of 45° or 360° divided by 8 which include the conjunction, semi-square, square, sesqui-square (Commonly known as the quincunx) and the opposition. The semi and sesqui squares are more difficult to find but the table below suggests that when the planet is a 0° of a cardinal sign, these aspects take place at the mid-point of the fixed signs; if the planet is a 0° of a fixed sign, these aspects take place at the mid-point of the mutable signs; if the planet is a 0° of a mutable sign, these aspects take place at the mid-point of the cardinal signs.
90°	☐	
120°	♌	
150°	♍	
180°	♎	

			<u>Semi-Square</u>	<u>Sesqui-Square</u>
0°	☾	The 8 <sup>th</sup> harmonic is generally thought to be more dynamic, as all the aspects in this harmonic create tension and friction between the planets involved.	0° ♀	15° ♊
45°	L			15° ♌
90°	☐		0° ♌	15° ♋
135°	☐			15° ♍
180°	♎		0° ♋	15° ♉
			0° ♉	15° ♈
			0° ♈	15° ♇
				15° ♏

# The Planetary Ladder



Follow the steps below on your Solar Fire program to identify the dates of the exact progression of the Sun to the natal planets. However please fill in the Planetary Ladder worksheet as this is a helpful exercise in many ways. Check the results from your Solar Fire Program with your worksheets. Take note of the repetitive order of the aspects made in the second cycle of aspects.



## Calculating your Progressed Sun's Aspects for a Lifetime and its Ingress into the Signs and Houses

1. Open your chart
2. On the top menu choose Dynamic. Click on Transits & Progressions and make sure your chart is highlighted under Dynamic Radix Chart
3. Under Period of Report choose the Start Date as your birth date and the period as 90 years
4. Under Location choose Natal
5. Under Event Selection choose three boxes: Progs to Radix, House Ingress and Sign Ingress
6. Under Point Selection click on Progs. Another window called Progressing Points will come up. Choose the Sun file – choose edit to make sure you only are using the Sun and then choose save and select. Then click on Radix and choose Plans&Ch. Choose edit to make sure this file contains the planets, angles and points you want and then choose save and select
7. Under Aspect Selection click on Progs. Another window called Progressing Points will appear. There may not be a 12<sup>th</sup> Harmonic file so you will need to create a file. Call this file Harm12. Enable the aspects you need of the conjunction, opposition, trine, square, sextile, semi-sextile and quincunx. Disable the aspects you do not need. Then click Save and then Select.
8. Then click on Saved Selections and Saved Dynamic Selections appears. Type in Progressed Sun Lifetime and this will then be saved for other reports
9. Finally, click view and the Dynamic Events Report will generate your progressed Sun's aspects for your lifetime as well as its ingress into the subsequent houses and signs.

## Planetary Ladder Worksheet

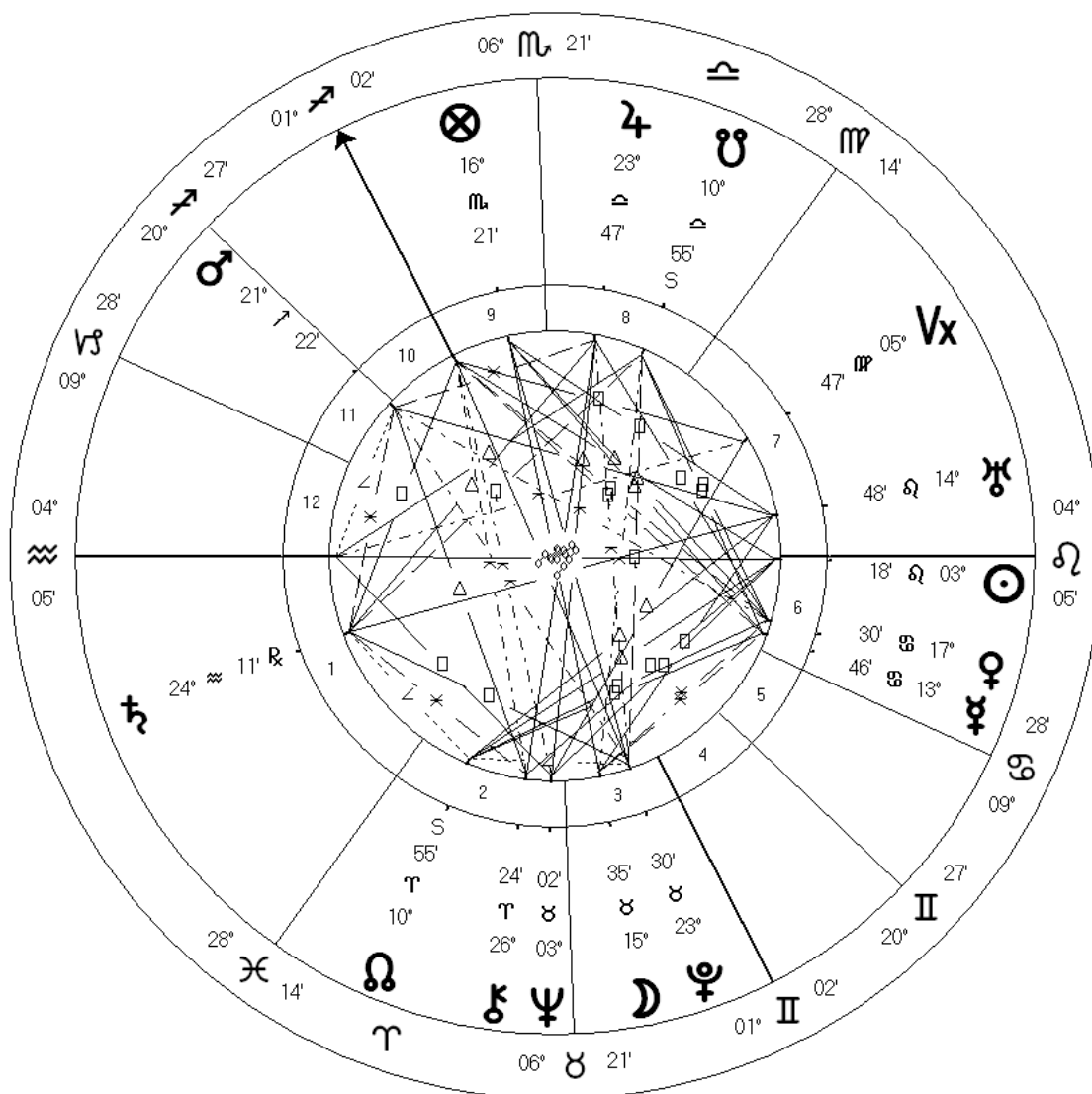
Planetary Degrees	Planet	Age when Progressed Sun aspects Planet			Comments on progression see diary entry
Planetary degrees in my chart		1 <sup>st</sup> cycle	2 <sup>nd</sup> cycle	3 <sup>rd</sup> cycle	
0°- 0°59ø					
1°- 1°59ø					
2°- 2°59					
3°- 3°59ø					
4°- 4°59ø					
5°- 5°59ø					
6°- 6°59ø					
7°- 7°59ø					
8°- 8°59ø					
9°- 9°59ø					
10°- 10°59ø					
11- 11°59ø					
12°- 12°59ø					
13°- 13°59ø					
14°- 14°59ø					
15°- 15°59ø					
16°- 16°59ø					
17°- 17°59ø					
18°- 18°59ø					
19°- 19°59ø					
20°- 20°59ø					
21°- 21°59ø					
22°- 22°59ø					
23°- 23°59ø					
24°- 24°59ø					
25°- 25°59ø					
26°- 26°59ø					
27°- 27°59ø					
28°- 28°59ø					
29°- 29°59ø					
Progressed Sun changes signs					

### Example: Carl Jung

Sun is at 3♍18; therefore place on the line between 3° - 4°. Note that Neptune is also in this degree of ♊ at 3♊02; therefore since they are on the same line there is an exact aspect between them (the Sun is square Neptune).

Place all the other planets on their respective lines. Since the progressed Sun will move approximately 1° a year (between 57' -61') the progressed Sun will change lines every year. When there is a planet on this line the progressed Sun is then aspecting this planet. For instance Mercury is 10 lines after the Sun; therefore the progressed Sun will aspect (semi-sextile) Mercury at age 10. Uranus is 11 lines while the Moon is 12; therefore at age 11 the progressed Sun conjoined Uranus and squared the Moon. During these years the progressed Sun highlighted the Moon/Uranus square. Interestingly in his autobiography *Memories, Dreams, Reflections*, he states: 'My twelfth year was indeed a fateful one for me'.

Then simply add 30 years for the next progressed Sun aspect to Uranus which will be at age 41 and then 71. The progressed Sun at age 41 will be in Virgo semi-sextiling Uranus, while at age 71 it will be sextiling from Libra.



Birth Chart of Dr. Carl Jung

Planetary Degrees	Planet	Age when Progressed Sun aspects Planet			Comments on progression see diary entry
		1 <sup>st</sup> cycle	2 <sup>nd</sup> cycle	3 <sup>rd</sup> cycle	
0°- 0°59ø					
1°- 1°59ø					
2°- 2°59					
3°- 3°59ø	♆/☐		30	60	Neptune makes an exact square to the ☐ and therefore colours the nature of the P ☐
4°- 4°59ℓ					
5°- 5°59ℓ					
6°- 6°59ø					
7°- 7°59ø					
8°- 8°59ø					
9°- 9°59ø					
10°- 10°59ø	♋ .	7	37	67	At age 67 the Progressed Sun will be conjunct the Nodal axis
11- 11°59ø					
12°- 12°59ø					
13°- 13°59ø	☐	10	40	70	
14°- 14°59ℓ	♅	11	41	71	Progressed Sun conjoins Uranus age 11
15°- 15°59ø	☐	12	42	72	Progressed Sun squares Moon age 12
16°- 16°59ø					
17°- 17°59ø	♀	14	44	74	Semi-sextile, sextile then square at 74
18°- 18°59ø					
19°- 19°59ø					
20°- 20°59ø					
21°- 21°59ø	♂	18	48	78	At age 48 square to Mars
22°- 22°59ℓ					
23°- 23°59ø	☐/	20	50	80	Age 20 square Pluto
24°- 24°59ø	♄	21	51	81	Age 21 opposite Saturn
25°- 25°59ℓ					
26°- 26°59ø	♄	23	53	83	Age 83 opposite Chiron
27°- 27°59ø					
28°- 28°59ø					
29°- 29°59ø					
Progressed Sun changes signs		27	57		At age 27 the Sun progresses into the sign of Virgo; at 57 into Libra

# Timing the Epochs of Life

*Passages*  
*Phases*  
*Stages*  
*Seasons*  
*Chapters*  
*Periods*



One of astrology's many marvels is that it organically maps out the stages and phases of the life cycle by tracing the cycles of the transiting and progressed planets. Anthropologists, sociologists and psychologists too have mapped out the life journey and so often their theories confirm the astrological wisdom inherent in the planetary cycles.

In the early 20<sup>th</sup> century Arnold Van Gennep wrote *Les Rites de Passage* bringing attention to the rites of passage and the need for ritual, celebration and acknowledgement of the passing of time. Joseph Campbell's hero's quest and stages of Separation – Initiation – Return was greatly influenced by Van Gennep's seminal ideas. So was Erik Erikson, who developed the life cycle theory and formulated that the human lifetime was divided into eight stages of life. With each stage came a task, a challenge and maturation. These are his stages:

## Erikson's Eight Stages of the Life Cycle

- |                |                              |
|----------------|------------------------------|
| 1. HOPE:       | Trust vs. Mistrust           |
| 2. WILL:       | Autonomy vs. Shame and Doubt |
| 3. PURPOSE:    | Initiative vs. Guilt         |
| 4. COMPETENCE: | Industry vs. Inferiority     |
| 5. IDENTITY:   | Identity vs. Role Confusion  |
| 6. LOVE:       | Intimacy vs. Isolation       |
| 7. CARE:       | Generativity vs. Stagnation  |
| 8. WISDOM:     | Ego integrity vs. Despair    |

While we could argue that Erikson's use of eight stages was arbitrary, as astrologers we are already familiar with the eight-fold developmental sequence of the lunation cycle. This 29 ½ day cycle of the Sun and Moon, from New Moon to New Moon, is a visible reality in our heavens each month and has always served as the living symbol of the quintessential round.

The Lunation cycle is the classic archetypal cycle that marks out every nuance from birth to death. Its eight phases suggest the inevitability of growth, change, maturity and death. As an archetypal cycle its essence underpins all cycles, and knowing its sequence helps us to instinctually identify the conventional stages within other cycles. To begin let's place Erikson's model aside the lunation cycle. While we cannot impose one system of thought directly on another, other ideas can inform and amplify the astrological wisdom.

*with respect to the lunation cycle*

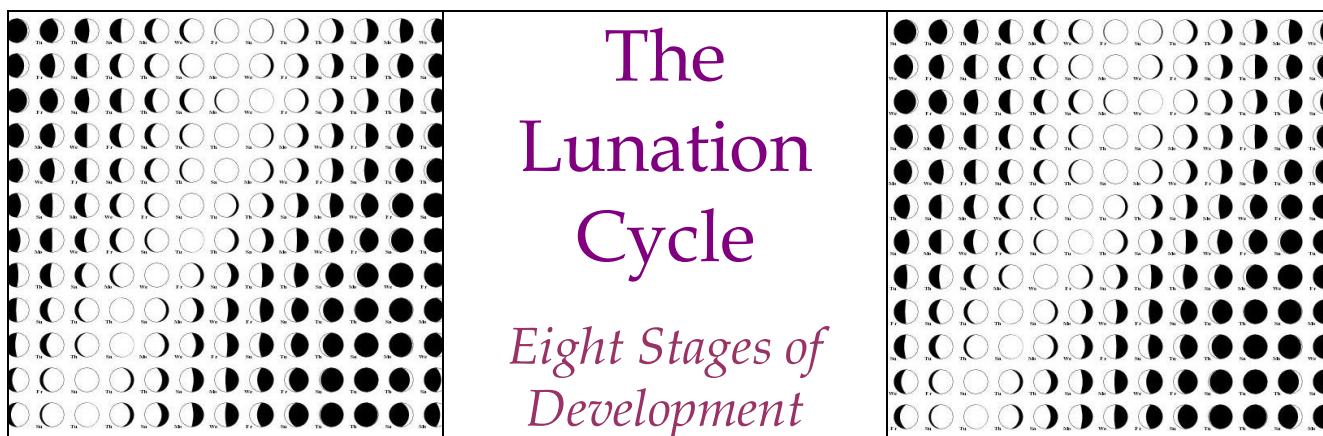
The Lunation Cycle	Keyword for this Phase	Erikson's Life Cycle Virtue	Erikson's Life Cycle Task	Erikson's Life Cycle Challenge
New Moon	Birth	Hope	Trust	Trust vs. Mistrust
Crescent	Struggle	Will	Autonomy	Autonomy vs. Shame and Doubt
First Quarter	Action	Purpose	Initiative	Initiative vs. Guilt
Gibbous	Preparation	Competence	Industry	Industry vs. Inferiority
Full Moon	Culmination	Identity	Identity	Identity vs. Role Confusion
Disseminating	Convey	Love	Intimacy	Intimacy vs. Isolation
Last Quarter	Edit	Care	Generativity	Generativity vs. Stagnation
Balsamic	Withdraw	Wisdom	Ego Integrity	Ego integrity vs. Despair

### The cycle of aspects

Astrologically, aspects also are shaped in the great round, capturing a moment or a season of life's cycle. Therefore when reflecting on the season and phases we can also consider that aspects are snapshots of a moment in a cycle, unfolding the energy of that particular cycle.

Note the four phases of these cycles: Daily, Lunation, Seasonal and Aspect, then compare the turning points in each cycle to help imagine the experience of each turning point.

The Cycle of Aspects	The Cycle of the Seasons	The Lunation Cycle	The Diurnal Cycle	The Diurnal Angles
Conjunction	Winter Solstice	New Moon	Midnight	IC
Waxing Square	Spring Equinox	First Quarter	Sunrise	Ascendant
Opposition	Summer Solstice	Full Moon	Noon	MC
Waning Square	Autumn Equinox	Last Quarter	Sunset	Descendant
Return (Conjunction)	New Moon Next Cycle	The return of the Winter Solstice	Midnight Next Day	IC



## *The Phases of My Life*

*the lunar cycle is in progress at birth and you were born at a certain phase unfolding in this cycle.*

*Where is the New Moon before you were born? \_\_\_\_\_*

*Is this your Sun sign or the sign before? \_\_\_\_\_*

*What zodiacal degree was the New Moon seeded before you were born? \_\_\_\_\_*

*What is your lunation phase at birth? \_\_\_\_\_*

*Born at a distinctive moment in the cycle between the Sun and Moon, you will experience your own unique passage through the progressed phases of the lunation cycle. Like the rest of humanity you return to your lunar birth phase at 29 -30, in close proximity to Saturn returning. But your first round of the full progressed lunation cycle begins at the New Moon after your birth; from this point you will be able to map out the astrological phases of your life time using the progressed lunation cycle.*

*These cycles are a private and profound diary of your soul's passage through your lifetime; a simple and straightforward schema of the soul time of your life. Following are some mandalas which you can use to plot these phases of your life. But first let's discover the timing of these phases using our computer – following is a description how to find these phases on Solar Fire.*

### Calculating your Progressed Lunation Phases for your Lifetime using Solar Fire

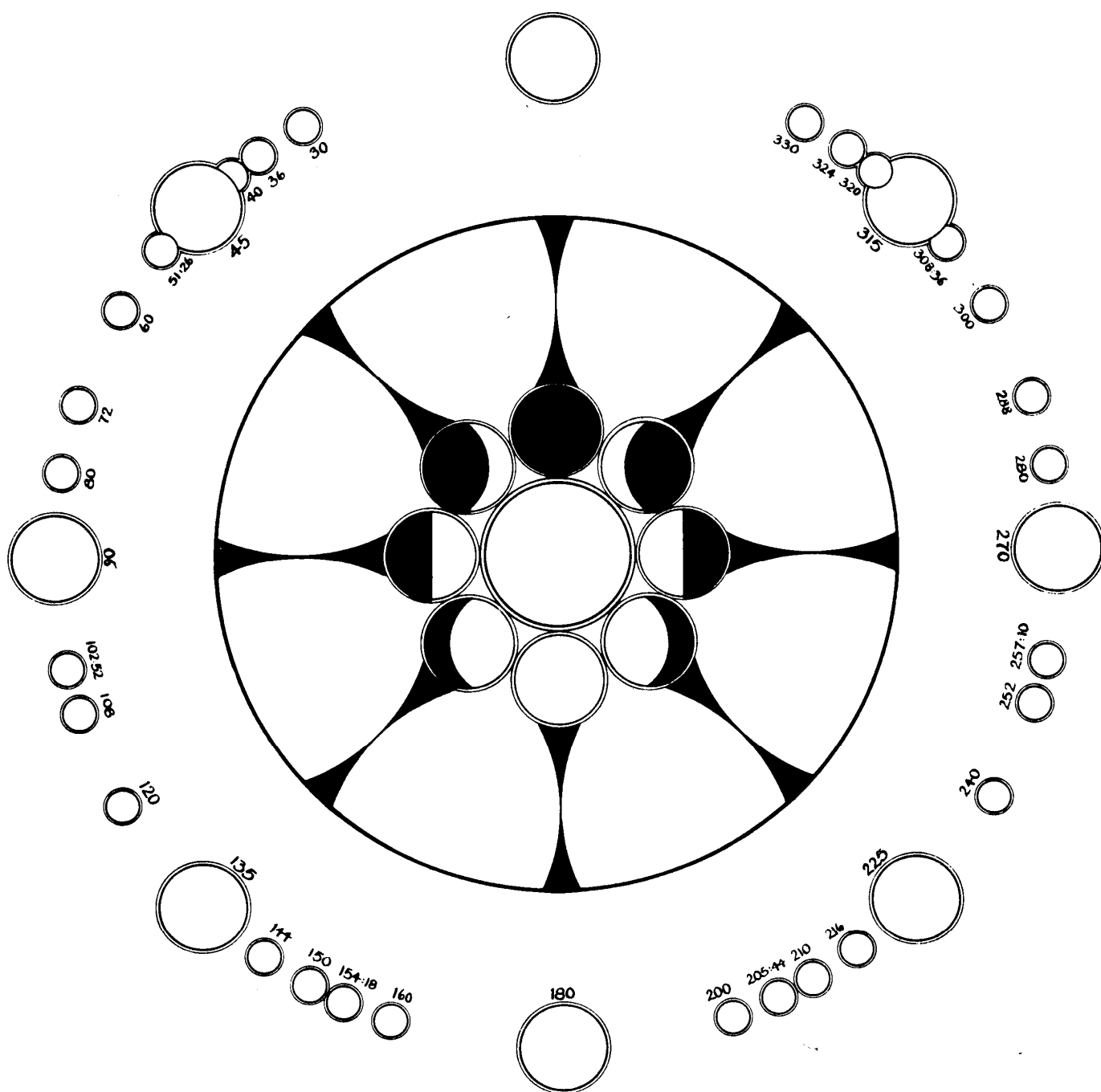
1. Open your chart
2. On the top menu choose Dynamic. Click on Transits & Progressions and make sure your chart is highlighted under Dynamic Radix Chart
3. Under Period of Report choose the Start Date as your birth date and the period as 89 years (this will encompass three cycles of 29 ½ years each from your birth)
4. Under Location choose Natal
5. Under Event Selection choose only Progs to Progs
6. Under Point Selection click on Progs. Another window called Progressing Points will come up. Choose the Sunmoon file – choose edit to make sure you only are using the Sun and Moon and then choose save and select
7. Under aspect Selection click on Progs. Another window called Progressing Points will appear. Choose the Harm08 file – this file will have the 45 degree aspects only
8. Then click on Saved Selections and Saved Dynamic Selections appears. Type in Progressed Phases of a Lifetime, click OK and this is saved for other reports
9. Finally, click view and the Dynamic Events Report will generate your life's progressed phases

*map out these dates on the following mandalas which will help to visualise the unfolding phases of your lifetime*

# The Luration Cycle

## *Eight Stages of Development*

### *The Birth Cycle*



My Luration Phase at Birth is \_\_\_\_\_ Aspect between Sun and Moon, if any \_\_\_\_\_

Ephemeris Date

Progressed Date

*My New Moon before Birth* \_\_\_\_\_

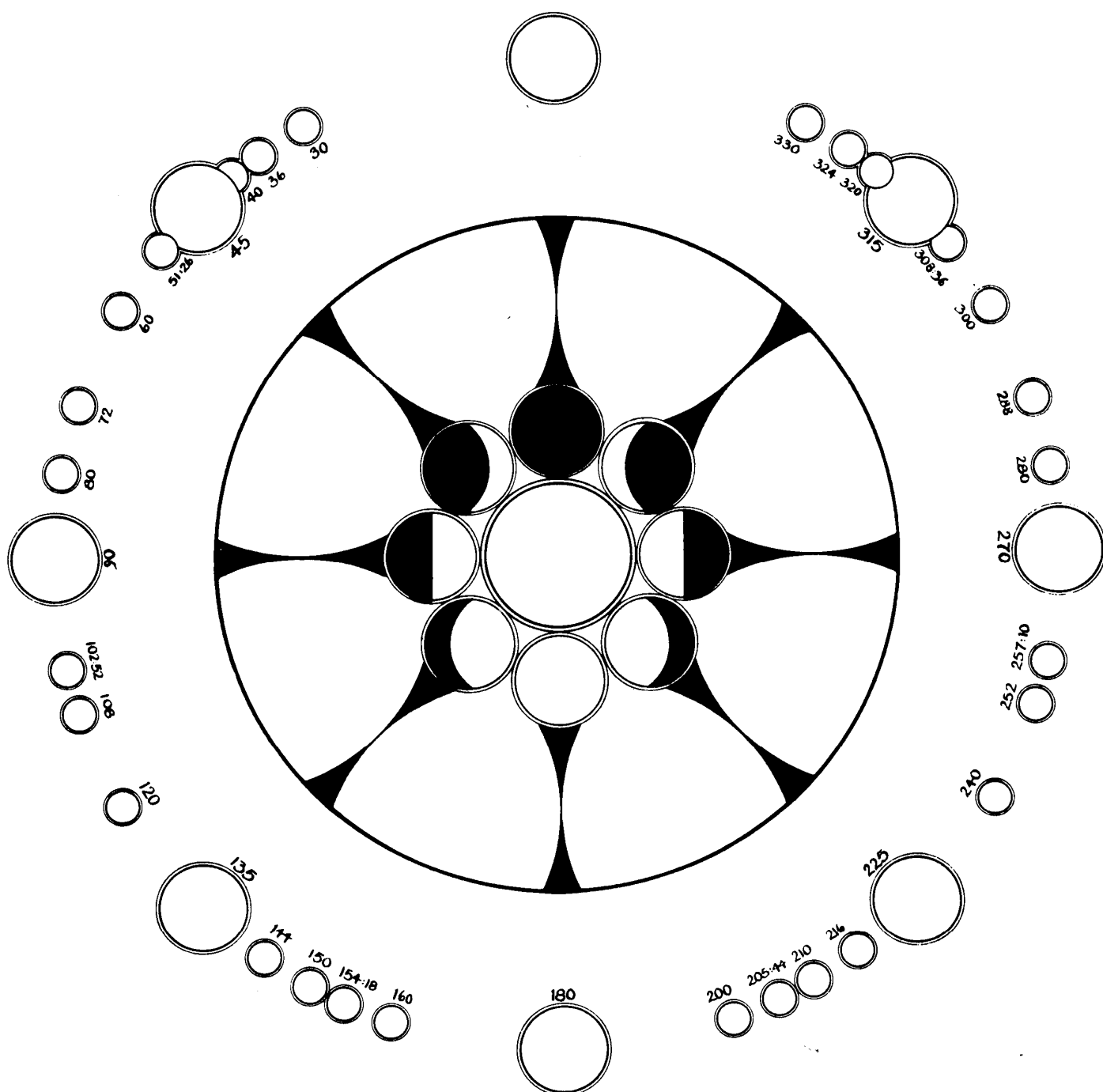
*Note: the phases remaining in your cycle after birth is dependant on your birth phase*

*My 1<sup>st</sup> New Moon after Birth* \_\_\_\_\_

# The Lunation Cycle

## *Eight Stages of Development*

### *My First Round*



*My 1<sup>st</sup> New Moon after Birth*  
*My 1<sup>st</sup> First Quarter Moon after Birth*  
*My 1<sup>st</sup> Full Moon after Birth*  
*My 1<sup>st</sup> Last Quarter Moon after Birth*

Ephemeris Date

Progressed Date

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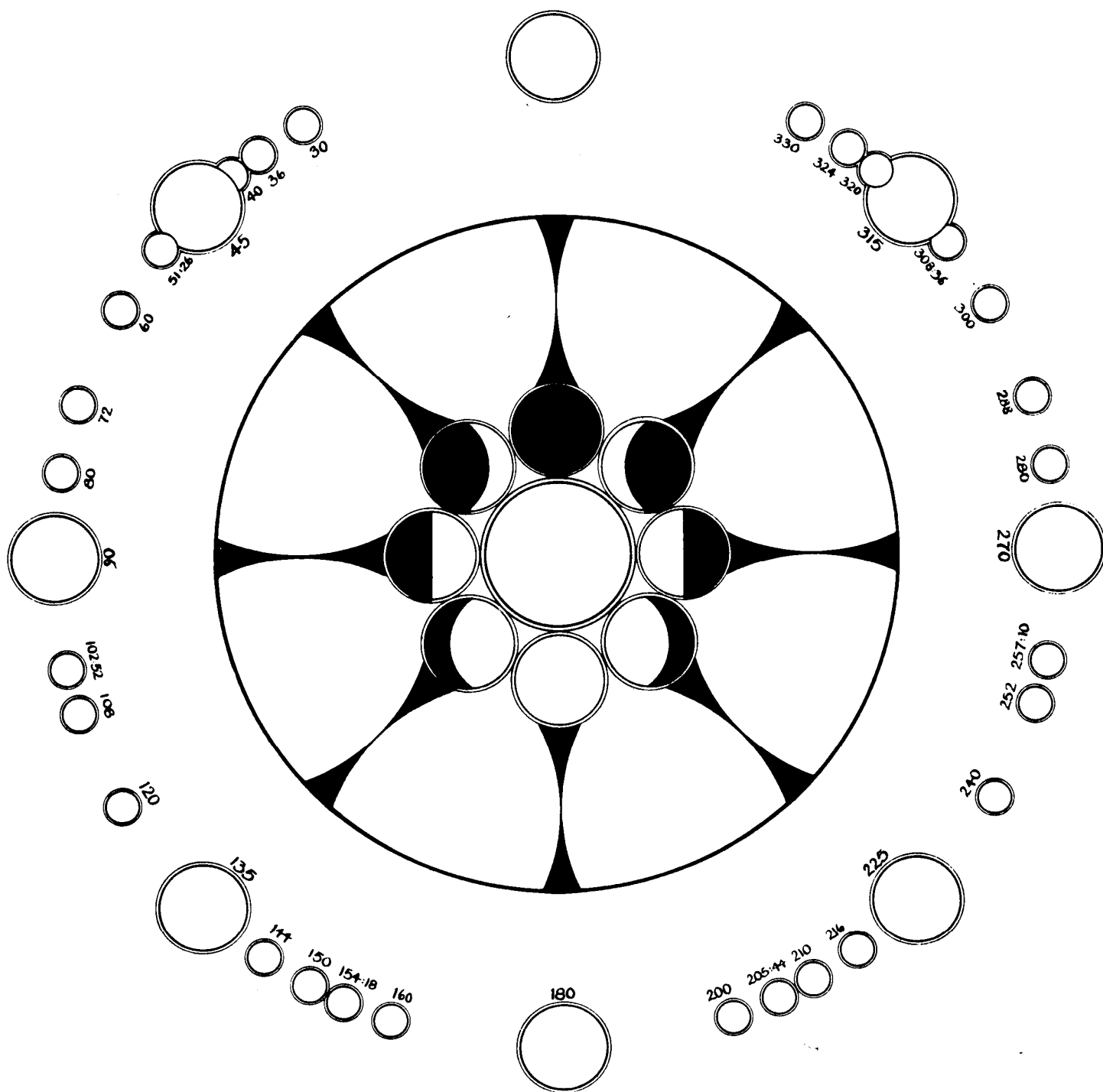


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# The Lunation Cycle

## *Eight Stages of Development*

### *My Second Round*



*My 2<sup>nd</sup> New Moon after Birth*  
*My 2<sup>nd</sup> First Quarter Moon after Birth*  
*My 2<sup>nd</sup> Full Moon after Birth*  
*My 2<sup>nd</sup> Last Quarter Moon after Birth*

Ephemeris Date

Progressed Date

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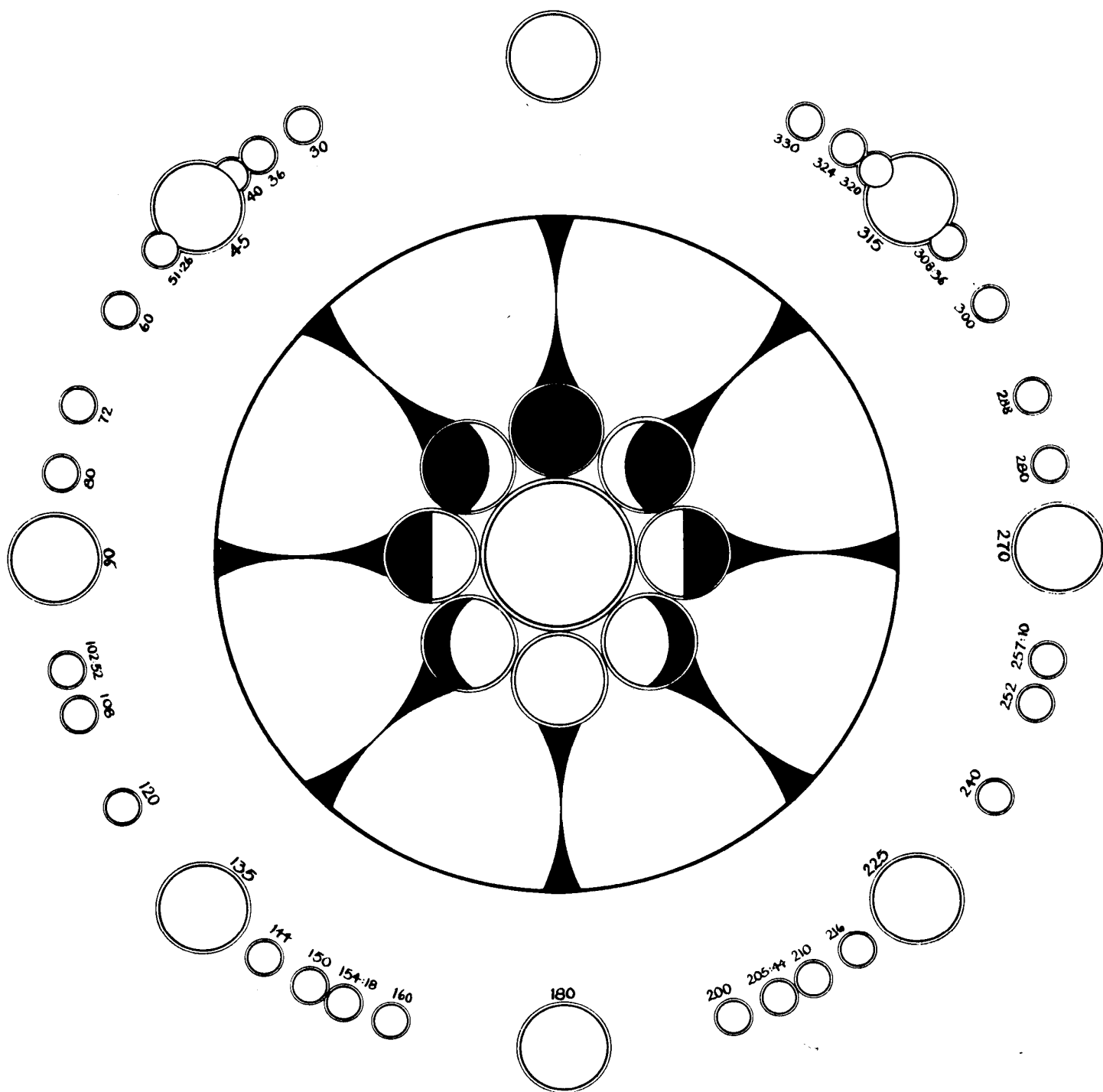


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# The Lunation Cycle

## *Eight Stages of Development*

### *My Third Round*



*My 3<sup>rd</sup> New Moon after Birth*  
*My 3<sup>rd</sup> First Quarter Moon after Birth*  
*My 3<sup>rd</sup> Full Moon after Birth*  
*My 3<sup>rd</sup> Last Quarter Moon after Birth*

Ephemeris Date

Progressed Date

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