|  | 8 | Current Cycle | Last Cycle | Previous Cycle | Previous Cycle | Previous Cycle |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\gamma$ | $\begin{aligned} & \text { 12 Jul } 2023 \\ & \text { 29 Jan } 2025 \end{aligned}$ | $\begin{gathered} 30 \text { Nov } 2004 \\ 19 \text { Jun } 2006 \end{gathered}$ | $\begin{aligned} & 20 \text { Apr } 1986 \\ & 8 \text { Nov } 1987 \end{aligned}$ | $\begin{gathered} 9 \text { Sep } 1967 \\ \text { 29 Mar } 1969 \\ \hline \end{gathered}$ | $\begin{aligned} & 28 \text { Jan } 1949 \\ & 17 \text { Aug } 1950 \end{aligned}$ |
|  | $\zeta$ | $\begin{gathered} \hline 23 \text { Dec } 2021 \\ 12 \text { Jul } 2023 \end{gathered}$ | $\begin{aligned} & 13 \text { May } 2003 \\ & 30 \text { Nov } 2004 \end{aligned}$ | $\begin{gathered} 1 \text { Oct } 1984 \\ 20 \text { Apr } 1986 \end{gathered}$ | 19 Feb 1966 <br> 9 Sep 1967 | $\begin{aligned} & \text { 11 Jul } 1947 \\ & 28 \text { Jan } 1949 \end{aligned}$ |
|  | $\Pi$ | $\begin{gathered} 4 \text { Jun } 2020 \\ 23 \text { Dec } 2021 \end{gathered}$ | $\begin{gathered} 24 \text { Oct } 2001 \\ 13 \text { May } 2003 \end{gathered}$ | $\begin{gathered} 14 \text { Mar } 1983 \\ 1 \text { Oct } 1984 \end{gathered}$ | $\begin{aligned} & 2 \text { Aug } 1964 \\ & 19 \text { Feb } 1966 \end{aligned}$ | $\begin{gathered} 22 \text { Dec } 1945 \\ 11 \text { Jul } 1947 \end{gathered}$ |
|  | $\sigma$ | $\begin{gathered} 16 \text { Nov } 2018 \\ 4 \text { Jun } 2020 \end{gathered}$ | $\begin{gathered} 5 \text { Apr } 2000 \\ 24 \text { Oct } 2001 \end{gathered}$ | $\begin{aligned} & 25 \text { Aug } 1981 \\ & 14 \text { Mar } 1983 \end{aligned}$ | $\begin{aligned} & 13 \text { Jan } 1963 \\ & 2 \text { Aug } 1964 \end{aligned}$ | $\begin{array}{r} 3 \text { June } 1944 \\ 22 \text { Dec } 1945 \\ \hline \end{array}$ |
|  | $\delta$ | $\begin{aligned} & 28 \text { Apr } 2017 \\ & 16 \text { Nov } 2018 \end{aligned}$ | $\begin{gathered} \hline 17 \text { Sep } 1998 \\ 5 \text { Apr } 2000 \\ \hline \end{gathered}$ | $\begin{gathered} 5 \text { Feb } 1980 \\ 25 \text { Aug } 1981 \end{gathered}$ | $\begin{aligned} & 26 \text { Jun } 1961 \\ & 13 \text { Jan } 1963 \end{aligned}$ | $\begin{aligned} & \hline 15 \text { Nov } 1942 \\ & 3 \text { June } 1944 \end{aligned}$ |
|  | $\mathrm{mb}$ | $\begin{aligned} & 10 \text { Oct } 2015 \\ & 28 \text { Apr } 2017 \\ & \hline \end{aligned}$ | $\begin{aligned} & 27 \text { Feb } 1997 \\ & 17 \text { Sep } 1998 \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { 19 Jul } 1978 \\ & 5 \text { Feb } 1980 \\ & \hline \end{aligned}$ | $\begin{aligned} & 7 \text { Dec } 1959 \\ & 26 \text { Jun } 1961 \\ & \hline \end{aligned}$ | $\begin{aligned} & 27 \text { Apr } 1941 \\ & 15 \text { Nov } 1942 \end{aligned}$ |
|  | $\Omega$ | $\begin{aligned} & 22 \text { Mar } 2014 \\ & 10 \text { Oct } 2015 \end{aligned}$ | $\begin{aligned} & 11 \text { Aug } 1995 \\ & 17 \text { Sep } 1998 \end{aligned}$ | $\begin{gathered} 29 \text { Dec } 1976 \\ 19 \text { Jul } 1978 \end{gathered}$ | $\begin{gathered} 20 \text { May } 1958 \\ 7 \text { Dec } 1959 \end{gathered}$ | $\begin{gathered} 9 \text { Oct } 1939 \\ 27 \text { Apr } 1941 \end{gathered}$ |
|  | $m$ | $\begin{gathered} 2 \text { Sep } 2012 \\ 22 \text { Mar } 2014 \\ \hline \end{gathered}$ | $\begin{array}{r} 21 \text { Jan } 1994 \\ 11 \text { Aug } 1995 \\ \hline \end{array}$ | $\begin{array}{r} 12 \text { Jun } 1975 \\ 29 \text { Dec } 1976 \\ \hline \end{array}$ | $\begin{gathered} 30 \text { Oct } 1956 \\ 20 \text { May } 1958 \\ \hline \end{gathered}$ | $\begin{aligned} & 21 \text { Mar } 1938 \\ & 9 \text { Oct } 1939 \\ & \hline \end{aligned}$ |
|  | $\chi$ | $\begin{gathered} 13 \text { Feb } 2011 \\ 2 \text { Sep } 2012 \end{gathered}$ | $\begin{gathered} \hline 4 \text { Jul } 1992 \\ \text { 21 Jan } 1994 \end{gathered}$ | $\begin{gathered} 22 \text { Nov } 1973 \\ \text { 12 Jun } 1975 \end{gathered}$ | $\begin{aligned} & 13 \text { Apr } 1955 \\ & 30 \text { Oct } 1956 \end{aligned}$ | $\begin{gathered} 1 \text { Sep } 1936 \\ \text { 21 Mar } 1938 \end{gathered}$ |
|  | 3 | $\begin{aligned} & \hline 27 \text { Jul } 2009 \\ & 13 \text { Feb } 2011 \\ & \hline \end{aligned}$ | $\begin{gathered} 15 \text { Dec } 1990 \\ 4 \text { Jul } 1992 \\ \hline \end{gathered}$ | $\begin{gathered} 5 \text { May } 1972 \\ 22 \text { Nov } 1973 \\ \hline \end{gathered}$ | $\begin{aligned} & 23 \text { Sep } 1953 \\ & 13 \text { Apr } 1955 \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 12 \text { Feb } 1935 \\ \text { 1 Sep } 1936 \\ \hline \end{gathered}$ |
|  | m | $\begin{gathered} \hline 7 \text { Jan } 2008 \\ 27 \text { Jul } 2009 \end{gathered}$ | $\begin{aligned} & 28 \text { May } 1989 \\ & 15 \text { Dec } 1990 \end{aligned}$ | $\begin{aligned} & 16 \text { Oct } 1970 \\ & 5 \text { May } 1972 \end{aligned}$ | $\begin{gathered} 6 \text { Mar } 1952 \\ 23 \text { Sep } 1953 \end{gathered}$ | $\begin{aligned} & \text { 25 Jul } 1933 \\ & \text { 12 Feb } 1935 \end{aligned}$ |
|  | )( | $\begin{gathered} 19 \text { Jun } 2006 \\ 7 \text { Jan } 2008 \end{gathered}$ | $\begin{gathered} 8 \text { Nov } 1987 \\ 28 \text { May } 1989 \end{gathered}$ | $\begin{aligned} & 29 \text { Mar } 1969 \\ & 16 \text { Oct } 1970 \end{aligned}$ | $\begin{aligned} & 17 \text { Aug } 1950 \\ & 6 \text { Mar } 1952 \end{aligned}$ | $\begin{gathered} 6 \text { Jan } 1932 \\ \text { 25 Jul } 1933 \\ \hline \end{gathered}$ |

Note that the Mean North Node is retrograding through the signs - this table will help you locate the approximate times of your

